

Extra Curricular Activities @NHGS



Activities for Lower School Students

Name of Activity or Club	Description of activity or club	Staff in charge	Is the activity available to everyone?	Participants	Day	When does the club happen?	Time	Location	How long does the club run?	Any other details
Chess	Chess club, every Tuesday. Open to all	DLC	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Tuesday	Lunchtime	12-12.45	LC2	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	None
Debating	Debating club open to all. Students take part in weekly debates on a variety of topics with some training sessions in between.	ALK	Open to everyone	Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Year 13	Thursday	Lunchtime	12:20 to end of lunchtime	SF4	Autumn 1, Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Great extra-curricular experience - ideal for Oxbridge applicants but also for anyone who is interested in ideas and wants to build confidence at public speaking.
Girl's rugby	Year 7-9 rugby practice.	SAA	Open to everyone, Selected groups	Year 7, Year 8, Year 9	Thursday	Lunchtime	12.15-12.45pm	Field	Autumn 2, Spring 1, Spring 2	Boots and trainers required.
Basketball	Open to all students in Years 7-10	WJD	Open to everyone	Year 7, Year 8, Year 9, Year 10	Thursday	Lunchtime	12.10 - 12.45	Gym	Autumn 1, Autumn 2, Spring 1	N/A

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Rugby	Open to Year 7 and 8 regardless of playing experience at league or union level.	WJD	Open to everyone	Year 7, Year 8	Friday	Lunchtime	12.10 - 12.45	Fields	Autumn 1, Autumn 2, Spring 1, Spring 2	N/A
Football	Open to all boys in Year 8	WJD	Open to everyone	Year 8	Wednesday	Lunchtime	12.10 - 12.45	Fields	Autumn 1, Autumn 2, Spring 1, Spring 2	N/A
CAD/CAM Club	Learn and use various computer software to design and make anything from the weird and wonderful. 3D print and laser cutting available.	CHW	Selected groups	Year 7, Year 8, Year 9	Thursday	After school	3-4pm	TG2	Autumn 2, Spring 1, Spring 2, Summer 1, summer 2	Pupils who are interested should see Mr C Walker in technology.
Art Club	Perfect your art skills with a new project each half term	SKJ	All students	Years 7-11	Thursday	After School	3-4pm	AD1	All year	Enjoyable activities
Textiles	Learn more skills in working with textiles. A new project each half term.	CRL	All students	Years 7-11	Thursday	After School	3-4pm	TT	All year	Enjoyable activities

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Foreign Language Spelling Bee Practice	Practice for the Spelling Bee	SHR	Students taking part in the Spelling Bee	Year 7	Thursday	Lunchtime	12-1pm	LC6		

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Indoor Hockey Practice		ECD	All Year 7 Students	Year 7	Tuesday	Lunchtime	12:15-12:45pm	Gym		
Netball Practice		LAC	All Year 7 Students	Year 7	Wednesday	Lunchtime	12:15-12:45pm	Gym		
Netball Practice		ECD	All Year 8 Students	Year 8	Friday	Lunchtime	12:15-12:45pm	Gym		
Hockey Practice		ECD/LAC/CT	Years 7-13	All Year Groups	Wednesday	After School	3:15-4:15pm	Trinity Academy Astro turf		
Science Club		KAH/VL	Year 7	All Year 7 Students	Wednesday	Lunchtime	12:00-12:45pm	SL3		
Maths Help	Help and mentoring	GDW	Year 7 and 8	All year 7 and 8	Year 7 Monday Year 8 Tuesday	Lunchtime	12.12.30	M24	Until Easter	Computers in M24 available for Maths Revision.
Girls Football		JD/ Sixth Form Students	Years 7, 8 & 9	All Year 7, 8 & 9 Female Students	Wednesday	Lunchtime	12:10-12:45pm	Fields		